

Dual and Nondual Perception

The topic of uniqueness and oneness relates to the lens of perception, which may be dual or nondual (with more exotic modalities also being possible). I find the best way of expressing it in the language of quantum mechanics:

WE ARE ABOUT TO DISCOVER OUR QUANTUM
NATURE, BEING A PARTICLE AND A WAVE
SIMULTANEOUSLY

The particle view corresponds to the dual perception of ourselves as separate beings (or persons) in relation to the environment and others (the world-out-there). The wave perception corresponds to the nondual perception of oneness, the vast field of the One Self, where only the Subject is, and nothing else is.

Both perceptions are possible, and although the nondual perception appears more fundamental (and more accurate) than the separate one, both perceptions are valid expressions of our infinite true nature.

And there's no need to limit the possibilities to dual/nondual perceptions as there are many other known (and probably many more unknown) possibilities for the true nature to express itself in myriad modalities and expressions. Exotic realizations have been reported, such as the direct perception of the collapse of both time and space itself (Almaas 2017; O'Keeffe 2019), resulting in the insight that each point in the universe contains all points of the universe (and similar for the time structure). Even the realization of J. Krishnamurti seems to be neither dual nor nondual as he was referring to the oneness and fusion with the object of perception and not to the oneness with all (Krishnamurti 2004).

There's vast freedom that embraces all these possibilities without preferences, total freedom beyond any sense of identification, neither dual nor nondual. Although each view is a complete understanding of its particular truth, none of them is a complete understanding of all of reality because reality is inherently free and cannot be fully captured in any view (Almaas 2014).

This topic also relates to the perception of existence itself, and Longchenpa's Natural Perfection (Longchenpa 2010) profoundly expresses this as four extreme beliefs regarding the status of our

being—existence, nonexistence, both, and neither—all events are timeless spontaneity, indisputable, immutable, original purity.

The invitation for us is to fly high and free in our perception of reality, embracing all (and not sticking to any) perceptions of dual, nondual, both, or neither.